

Crystal Arber. M.S.W R.S.W  
crystalarber@gmail.com p.604 340 4529

### **Education:**

- Masters in Social Work - University of British Columbia (2011)
- Bachelor of Fine Arts - University of Victoria (1993).

### **EMDR Qualifications**

- EMDRIA Approved Facilitator - BC School of Professional Psychology
- EMDRIA Approved EMDR Consultant
- Certified EMDRIA Therapist
- Vancouver Regional Coordinator for EMDR Canada
- EMDR Peer Facilitator

### **Clinical Experience**

- Crystal Arber Individual Youth and Family Counselling Private Practice
- BC Operational Stress Injury Clinic Veteran Affairs - EMDR Therapist for military and first responders (2016- 2018)  
Pioneered use of EMDR with clients on the Vancouver DTES including Design and Delivery of *Making Sense of Trauma* Group - pilot project Vancouver Coastal Health (2012- 2016).
- Vancouver Coastal Health Pender Clinic ( 2012 – 2016) Concurrent Disorders Clinician
- Surrey Memorial Hospital Social Worker: Oncology/Palliative/Adolescent Response (2009)
- Vancouver Coastal Health – Child and Youth Mental Health and Addictions Services Youth Services North Shore - School-Based Prevention Clinician (2005-2009)
- Covenant House Vancouver Youth Homeless Shelter - Youth Worker and Team Leader (2001 – 2011)

### **Academic and Teaching Experience**

- Faculty Professor - Douglas College School of Social Work *Counselling Theory and Practice*
- Vancouver Coastal Health - Trauma Informed Practice Educator (2013- 2017).
- Trauma Conference Speaker for organizations including St Paul's Hospital Dept of Psychiatry, Salvation Army Social Services Conference, Lion's Gate Hospital Psychiatry Rounds, Vancouver Coastal Health Primary Care Clinics.
- Design and delivery of the Ministry of Education *Mental Health and Substance Use Curriculum* for High School students, parents and administration.

### **Certifications and Associations**

- RSW - Registered Social Worker
- RCC - Registered Clinical Counselor
- Member of EMDRIA and EMDR Canada
- Member of BC Association of Social Workers

### **Volunteer Work**

- Campaign Organizer for *Animal Welfare April 23rd Vigils leddogs100* (2011)
- Received Proclamation for North Vancouver and the Province of BC for Animal Cruelty prevention