

Crystal Arber. M.S.W. R.S.W

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Education

- Master's in Social Work – University of British Columbia (2011)
- Bachelor of Fine Arts – University of Victoria (1993)

EMDR Qualifications

- EMDRIA Approved Facilitator – BC School of Professional School of Psychology
- EMDRIA Approved EMDR Consultant
- Certified EMDRIA Therapist
- EMDR Peer Group Facilitator

Clinical Experience

- Crystal Arber Individual Youth and Family Counselling Private Practice
- BC Operational Stress Injury Clinic Veteran Affairs – EMDR Therapist for military and first Responders (2016 –2018)
- Pioneered the use of EMDR with clients on the Vancouver DTES including Design and Delivery of *Making Sense of Trauma Group* – pilot project Vancouver Coastal Health (2012 – 2016)
- Vancouver Coastal Health Pender Clinic (2012 – 2016) Concurrent Disorders Clinician
- Surrey Memorial Hospital Social Worker: Oncology /Palliative/Adolescent Response (2009)
- Vancouver Coastal Health - Child and Youth Mental Health and Addictions Services Youth Services North Shore – School Based Prevention Clinician (2005-2009)
- Covenant House Vancouver Youth Homeless Shelter – Youth Worker and Team Leader (2001-2011)

Academic and Teaching Experience

- Faculty Professor – Douglas College School of Social Work *Counselling Theory and Practice*
- Vancouver Coastal Health – Trauma Informed Practice Educator (2013 – 2017)
- EMDR Canada Conference Speaker *How to Apply Intensive EMDR for Military and First Responders who have been diagnosed with PTSD* (2019)
- Trauma Conference Speaker for organizations including St Paul's Hospital Dept of Psychiatry, Salvation Army Social Services Conference, Lions Gate Hospital Psychiatry Rounds, Vancouver Coastal Health Primary Care Clinics. (2015- 2017)
- Design and Delivery of the Ministry of Education *Mental Health and Substance Use Curriculum* for High School students, parents and administrators. (2005-2009).

Certifications and Associations

- RSW - Registered Social Worker
- RCC - Registered Clinical Counsellor
- Member of EMDRIA and EMDR Canada
- Member of BC Association of Social Workers

Volunteer Work

- Campaign Organizer for Animal Welfare *April23rdVigilsleddogs100* (2011)
- Received Proclamation for North Vancouver and the Province of BC for Animal Cruelty prevention